

Internal Monad Abdication



By David Gregg

First, some history. As far as I know, Sarah Chambers introduced the idea of internal monad abdication. Abdication can be found in other aspects of the teachings — abdicating external monads, abdicating agreements and so on — but I believe she was the first to introduce this material about abdicating the internal monads.

I initially noticed her references ten years ago and mentioned it in my evolving article about the monads. I did some channeling about it for verification, and then added more information to my article.

I've mostly been the only one discussing abdication, but started mentioning it to other channels, and at first they confused abdication with finishing a

monad in the negative pole. That was corrected over time, until recently, where I had to address more misunderstandings by referencing Sarah's actual quotes on the subject. And then those were dismissed. Admittedly, I found this frustrating.

However, in answer to someone's request for additional info about abdicating the monads, I found some time tonight to channel a little bit about them. I will later break up this text and add it to the relevant sections of my internal monads article. It needs more editing, though. It's a bit raw.

Internal Monad Abdication (Channeling)

MICHAEL: There are two types of internal monad abdication: Personality-driven and Essence-driven.

An abdication of an internal monad by the personality is never ideal, but it proves useful when pressing forward might cause irreparable harm, either on a psychological level to the personality or to others.

Abdication can serve as a useful stopgap when simultaneously navigating a monad and dealing with the pressures of life are unsustainable. Life is unpredictable, of course, and not all contingencies are available for the soul when things become untenable, but when circumstances are right, and those vary, abdication serves a useful purpose.

While abdication by the personality is unplanned and not the optimal solution, the life ahead is never wasted or lost. Growth opportunities still abound. The itinerary has merely changed and both personality and essence will adapt to any new trajectories that arise.

In a life where the abdication of a monad is essence-driven, all pre-incarnational arrangements are carefully crafted to work in tandem with a

life lacking the normal monadal transitions. The milestones from Western psychology may still apply, dependent on the rituals of individual cultures.

Traditional challenges, such as the hand-wringing experienced during the often tortuous ordeals of the third or fourth monads, are shelved in favor of essence fast-forwarding to the life task with less resistance. The reasons for this are many, but typically involve an interest by essence in more thoroughly experiencing a soul age level, or doing concentrated work with a group of souls from that incarnational time period (usually cadence mates).

Abdicating the Internal Monads

The First Monad

With an abdication of the first monad, the infant is delivered still-born.

Sadly, the death of a child is a devastating loss for parents, but for an in-coming soul that, for multiple reasons, has had a change of heart, the exit point is convenient. Some souls incarnate too hastily, especially younger souls, and a reality check may settle in just before the first breath. Chalk it up to getting cold feet.

The Second Monad

With an abdication of the second monad, the centering never solidifies in the child, and in most cases, a state of permanent disidentification ensues where the child never connects to the real world, living in a dissociative state similar to autism. Although, not what we would refer to as clinical autism.

Abdication of the second monad is rare. It may occur following a prolonged illness or when a lack of bonding exists between the parents or other caregivers in an institutional setting, prompting the child to withdraw into their inner world completely, a more

nurturing sanctuary reinforced by a strong connection to the astral. In fact, after an abdication of the second, from the standpoint of the personality, the child permanently has one foot in the physical, and one foot in a higher plane.

The Third Monad

With an abdication of the third monad, the hurdles of adolescence are set aside in favor of survival. At this point, the personality was ill-equipped to navigate the demands of the monad and neither felt pulled to the positive or negative polarities, choosing to take a rain check on the intensity of inner growth that raced toward them.

When personalities side-step the third monad, they appear as ghosts in their own lives, lacking true identities. They may swim from one side of a pond to the other, mimicking the movements of those around them, but they rarely leave ripples.

The Fourth Monad

With an abdication of the fourth monad, feelings that something significant has been lost may ensue, prompting internal questioning, with visits to therapists and self-help gurus, and searches in a physical sense, such as strange impulses to travel or move to unsuitable destinations that only lead to further frustration and disappointment.

The characteristic emotional upheaval of the fourth monad rarely manifests after abdication, with no unsettling jaunts into the mid-life crisis, but it casts a pall over the rest of the life that something is missing or was left undone.

The Fifth Monad

With an abdication of the 5th monad, a realization that the life has entered its golden years, that autumn approaches, is not acknowledged and there are attempts to reset the life to what it was before; to keep doing business as usual. On the surface, this may seem like a positive endeavor, a heroic attempt to live life to the fullest, but reality comes full circle in the end and opportunities for a fruitful life review and the benefit that brings are lost.

The Sixth and Seventh Monads

While it is possible for the personality to deny their illness and the inevitable turn of events that will lead to their demise, technically speaking, the sixth and seventh monads cannot be abdicated. Death comes for all, incomplete monads or not.

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